



The Institute of Emerging Leaders

Newsletter: February-2016



Training on Preparing for Examinations



Message from the Chairman



Dear Readers,

I feel honoured to reach out to you through the 3rd edition of TiEL's monthly Newsletter.

This Newsletter highlights the main activities of the dedicated, committed and focused team of TiEL.

I highly appreciate the teaching faculty which is putting in a lot of effort in helping the students of classes 9th and 10th to prepare for their upcoming Board Examinations starting from the 3rd of March, 2016.

My best wishes are with the students of TiEL and I would like to encourage them to stay focused in excelling in these exams through hard work as they are being provided the best academic support possible by TiEL. I would also like the students to bear in mind that the results of Matriculation Examination will serve as the first step forward for opening avenues for a successful professional life.

Sajid Ishaq
Chairman
Interfaith League Against Poverty (I-LAP)

Message from the Executive Director



Dear All,

Greetings from TiEL!

February has been a very busy month for the students and the teachers alike! The subject teachers as well as the students have been completely immersed in revisions, class tests and surprise quizzes. Personalised coaching was provided to the students on daily basis especially to those who need to prepare harder for the upcoming examinations. At TiEL, the students are encouraged to mark the problem areas in the subjects that they are being coached in, i.e. English, Biology, Chemistry, Physics and Maths during self study so that they may ask their subject teachers for clarity of the same.

The Board examinations for Matriculation, Part 1 (class 9) and Part 2 (Class 10) will be commencing from March 3, 2016 and will carry on till mid of May, 2016, which includes theory and practical.

It is encouraging to see that the morale of TiEL students is high! They are studying with a lot of concentration and striving hard to attain good marks.

I, on behalf of the staff of I-LAP and TiEL, wish them the very best in each and every exam. May God's guidance and support be with them always!

Nazia Ansari
Executive Director
Interfaith League Against Poverty (I-LAP)

Students of the Month

Mehek Javed, Class 10 and David Gill, Class 10 were awarded the title of “Student of the Month” for their high achievement in the month of January and got to wear their sashes and badges in the month of February. Both of them secured highest marks in daily attendance, punctuality, class participation, academic progress, personal grooming, general behavior, timely submission of assignments, spoken English and handwriting.

It is heartening to see the students competing to achieve the title of “*Student of the Month*” with so much zeal and enthusiasm! There is a noticeable change in their attitudes and a visible yearning to become better than before.



Class Monitors

Monitors are a helping hand of the teachers in maintaining discipline in the class. Keeping this in mind, Oriya Asghar and Sharon Pervez were selected as Class Monitors from Classes 9 and 10 respectively. The selection was based on the overall performance of the students in all areas. It must be highlighted that both these students have previously received the award of “Student of the Month” at TiEL.





Training on Preparing for Examinations

As the students are diligently preparing for their Board examinations for Matriculation, Part 1 and Part 2 these days, it seemed appropriate to advise some important tips so that their preparation time is put to optimal use. It was a short and focused training mainly telling them how to bifurcate their time for studies and other activities; how to achieve targets by making a timetable for self-study; how to improve their ability to retain the most important answers and how to find time for enjoyment, despite the serious nature of studies.

The students were also asked to set targets for themselves and write down on paper, along with their names, what they expected to achieve in the final results. A majority of the students stated that they wanted to achieve 80% marks! These sheets will now serve as reminders for them to work as hard as possible for realizing their dreams!

The students were also handed out the following important points to remember before and during their examinations for a smooth sailing through their papers!



Training on Preparing for Examinations

Important Points to Remember for the Examinations

- I. Be sure to complete 8 hours of sleep
- II. Wear comfortable clothes and shoes according to the weather
- III. Check your stationery items before leaving the house
- IV. Keep tissue papers for emergencies such as leaking of ink, unexpected sneezing, etc.
- V. Reach the examination hall well before time
- VI. If the examination centre is a new venue, walk around and see where places are located such as washroom and canteen.
- VII. Do not drink too much water or other liquids before the exam
- VIII. Do not take a heavy meal
- IX. Say your prayer
- X. Write your name, roll number, name of the exam and date on the main answer sheet and all extra sheets
- XI. Read the full question paper once
- XII. Mark the questions you know the answers of
- XIII. Calculate the number of questions vs. length of answers vs. time allowed
- XIV. Focus on your answer sheet
- XV. Concentrate on good hand writing
- XVI. Time your answers
- XVII. Read your answers carefully
- XVIII. Ask for an extra sheet when you are writing on the last page of the answer sheet so that you do not have to wait long and do not waste your time
- XIX. Before handing in your answer sheet, give your answer sheet a final reading as if you were checking someone else's paper.
- XX. You will NOT get extra points for giving in your paper before others but you will LOSE marks for making careless mistakes or leaving out answers, details and examples.
- XXI. Remove careless mistakes
 - a. Grammatical mistakes
 - b. Avoid cutting words into two parts at the end of the line , for eg. *conc-ept*
 - c. Unnecessary use of capital letters
 - d. Wrong numbering of answers
 - e. Careless spelling mistakes
 - f. Incomplete or unclear answers
- XXII. Check that all pages of the answer sheet have your name and other details on it.
- XXIII. Secure well all answer sheets
- XXIV. Remember to pack all your stationery items before you leave the examination hall



Training on Preparing for Examinations



Sending off Matriculation Students with Prayers and Best Wishes

The Matriculation students, whose exams are commencing from Thursday March 3, were given an informal party to wish them luck for their upcoming Board Examinations. Sajid Ishaq, Chairman I-LAP, spoke to the Matriculation students to buck up their morale and reminded them that they have to aim very high and keep their eyes on their future targets in order to achieve the best results in life. He wished them luck and prayed for their success.



Capacity Building Training on Work Ethics for Nursing Staff at UCH, Lahore

A Capacity Building Training on Work Ethics for Nursing Staff was successfully held at the United Christian Hospital, Lahore with the kind support of Mr. Imran Titus Bhatti, the Administrator of UCH.

There were a total of 54 participants which included first and second year Trainee Nurses, Trainee Mid-wives and Trainee Laboratory Technicians. The training was also attended by Mrs. Naseem Pervez Principal of Nursing School & Midwifery, Mrs. Shabana Benjamin, Nursing Superintendent, Ms. Firdous, Matron and Mrs. Sheba George, Nutritionist.

The training was divided into two sections; Basic Professional Work Ethics and Professional Work Ethics for Nursing Staff. The Training was highly appreciated by all the participants who acknowledged that the components of the training were new to them and that the learning experience will assist them in becoming more sincere and focused towards their professional responsibilities as health care providers.



Birthday Celebration; February 2016

The Administration of TiEL celebrated the birthday of Sharoon Pervez, student of Class 10, at the Institute.



The NISA NIGHT at the University of Central Punjab, Lahore

Nazia Ansari, Executive Director I-LAP, was invited by NISA Society of the University of Central Punjab (UCP) to their 4th Annual NISA NIGHT event as Guest of Honour and Judge for the Dance and Dress competitions on February 28, 2016.

The Patron of NISA Society, Professor Anum Huma deserves high applause for the commendable arrangements for the evening. The theme for the evening was “Arabian Nights” and the invitation cards, décor, ambiance and dresses of the organizers were in complete coordination with the theme.

It was a colourful evening which included Fashion Show by three designers, Make-Up Tutorial by one of their Faculty Member, Singing, Dance and Lady of the Evening Competitions among students, besides many other activities.

The NISA Society was formed 4 years ago and aims to promote a culture that fosters the development of creativity and encourages women empowerment among its female students. The Motto of the Society is, “*I can and I will*”.



Capacity Building Training on Work Ethics for Nursing Staff at UCH, Lahore





Relief-Recovery-Rehabilitation



The Institute of Emerging Leaders

I-LAP Head Office Islamabad:

Address: H. 27, Street 10, Pakistan Colony, Bani Gala, Islamabad

Tel: +92-51-8449979

Email: info@ilappk.org

Website: www.ilappk.org

Facebook: www.facebook.com/ilappk.org

I-LAP Regional Office Lahore:

Address: H. 52, Street 4, Near Ittefaq Hospital, Bahar Colony 2, Kot Lakpat, Lahore

Tel: +92-42-35918545

Email: info@tiel.org.pk

Website: www.tiel.org.pk

Facebook: www.facebook.com/tiel.org.pk